

# Dr. Christina Katsagoni

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Assistant Professor in Pediatric Clinical Nutrition | Clinical Dietitian | Researcher

## Education & Qualifications

- Postdoctoral research, Rutgers University, USA (2018-2020)
- PhD in Clinical Nutrition, Harokopio University (2017)
- MSc in Applied Dietetics and Nutrition, Harokopio University (2012)
- BSc in Nutrition and Dietetics, Harokopio University (2008)
- BSc in Medical Laboratory Technology, Athens University of applied sciences (2005)

## Professional Experience

- Assistant Professor in Pediatric Clinical Nutrition, International Hellenic University (current)
- Clinical Dietitian, Agia Sofia Children's Hospital, Athens (2013–2025)
- Chief Clinical Dietitian, Konstantopoulou General Hospital, Athens (2011–2013)
- Medical Laboratory Technologist, IKA-ETAM, Athens (2008–2011)

## Achievements

- Held leadership roles in clinical setting (Redefinition of protocols and workflows within the Clinical Nutrition Departments)
- Contributed to the development of national and international guidelines in Clinical Nutrition
- Awarded two (2) research grants and recipient of four (4) Academic Excellence Awards

## Teaching Experience

- Lecturer, School of Health & Education, Department of Dietetics and Nutrition, Harokopio University
- Lecturer, School of Health Sciences, Department of Nutrition and Dietetics, International Hellenic University
- Lecturer, Medical School, Department of Nutrition and Dietetics, Aristotle University of Thessaloniki

### **Scientific Output**

- 31 publications in peer-reviewed journals
- H-index: 16 (Google Scholar), 13 (Scopus)
- 1137 citations (Google Scholar)
- Reviewer for 22 international journals

### **Scientific Presentations**

- 16 international and 26 national conference presentations
- Keynote speaker in ESPGHAN, ESPEN, EFAD and Pediatric GI events across Europe

### **Research Interests**

- Oncology and Clinical Nutrition
- Gastrointestinal diseases and malnutrition
- Cystic fibrosis

### **Collaborations**

- Columbia University (EPICKids study)
- University of Glasgow (Crohn's Disease)
- EFAD, ONCA Project (malnutrition)

### **Skills**

- Advanced Statistics: SPSS, STATA, Minitab
- Clinical software: Nutrition-related tools
- Languages: English (Fluent), Greek [native]